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## WHAT IS CLAIMED IS:

A clear aqueous ceramide composition comprising (A) 1.0 to 5.0% by weight, based on the total composition, of a ceramide represented by formula (I):

> ОН (I)

wherein R<sub>1</sub> represents a hydrocarbon group having 9 to 17 carbon atoms; and  $R_2$  represents an acyl group having 2 to 30 carbon atoms which can contain a hydroxyl group,

- (B) a long-chain fatty acid having 12 to 24 carbon atoms, (C) a nonionic surface active agent, and (D) water.
- 2. The clear aqueous ceramide composition according to claim 1, wherein said ceramide represented by formula (I) is an optically active ceramide of natural type represented by formula (II)

(II)

wherein  $R_1$  and  $R_2$  are as defined in claim 1.

3. The clear aqueous ceramide composition according

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to claim 1, wherein said long-chain fatty acid is at least one of isostearic acid and oleic acid.

- 4. The clear aqueous ceramide composition according to claim 1, wherein said nonionic surface active agent is a polyoxyethylene hydrogenated castor oil.
- 5. The clear aqueous ceramide composition according to claim 1, which further comprises at least one compound selected from the group consisting of a sterol compound and a polyhydric alcohol.
- 6. The clear aqueous ceramide composition according to claim 5, wherein said sterol compound is cholesterol.
- 7. A method of preparing a clear aqueous composition comprising 1.0 to 5.0% by weight of a ceramide represented by formula (I):

$$R_1$$
 OH  $(I)$ 

wherein  $R_1$  represents a hydrocarbon group having 9 to 17 carbon atoms; and  $R_2$  represents an acyl group having 2 to 30 carbon atoms which can contain a hydroxyl group,

comprising adding water to a lipid composition comprising (A)

25 said ceramide, (B) a long-chain fatty acid having 12 to 24

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carbon atoms, and (C) a nonionic surface active agent.

8 A skin-care cosmetic comprising 0.01 to 100% by weight of the clear aqueous ceramide composition of claim 1.

9. A hair-care cosmetic comprising 0.01 to 50% by eight of the clear aqueous ceramide composition of claim 1.

10. A bath agent comprising 0.01 to 50% by weight of the clear aqueous geramide composition of claim 1.

11. Alipid composition for preparing a clear aqueous ceramide composition, the lipid composition comprising (A) a ceramide represented by formula (I):

wherein  $R_1$  represents a hydrocarbon group having 9 to 17 carbon atoms; and  $R_2$  represents an acyl group having 2 to 30 carbon atoms which can contain a hydroxyl group,

(B) a long-chain fatty acid having 12 to 24 carbon atoms, and (C) a nonionic surface active agent, wherein the weight ratio of component (A) to component (B) is from 20:1 to 1:3, and the weight ratio of component (A) to component (C) is from 1:1 to 1:10.